

# Notice to Workers

## Your health and safety rights

- You have the right to know about hazards in your workplace
- You have the right to participate in health and safety activities
- You have the right to refuse unsafe work

## Your health and safety responsibilities

- Follow safe work procedures
- Use your personal protective equipment (PPE)
- Comply with WorkSafeBC regulations
- If you see something unsafe, tell your supervisor or employer, and your joint health and safety committee or worker representative if you have one

## If you're injured at work

- Get first aid immediately, even for minor injuries
- Tell your employer as soon as possible
- If you need medical attention, tell your doctor if your injury was because of work

## We're here to help

- If you lose time from work or have medical costs, call WorkSafeBC's Teleclaim centre at 1.888.967.5377 or file a claim online at [worksafebc.com/claims](http://worksafebc.com/claims)
- For health and safety questions or concerns, call our Prevention Information Line at 1.888.621.7233
- You can ask to talk to someone in your preferred language



For more information, visit  
[worksafebc.com/for-workers](http://worksafebc.com/for-workers)  
or scan the QR code.

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